



UC Irvine Health

UCI School of Medicine Train New Trainers (TNT) Primary Care Fellowships

Robert McCarron, DO, DFAPA, FAIHM

Director, TNT Fellowships

Associate Dean, Medical Education

Director of Education, SSIHI

UC Irvine, School of Medicine

Past President, Association of Medicine and Psychiatry

Past President, California Psychiatric Association



Expand and Optimize **Behavioral Health Care Delivery**

- Primary Care Psychiatry (PCP) Fellowship
- ***Child and Adolescent Psychiatry (CAP) Fellowship***
- Primary Care Training and Education in Addiction Medicine (PC-TEAM)

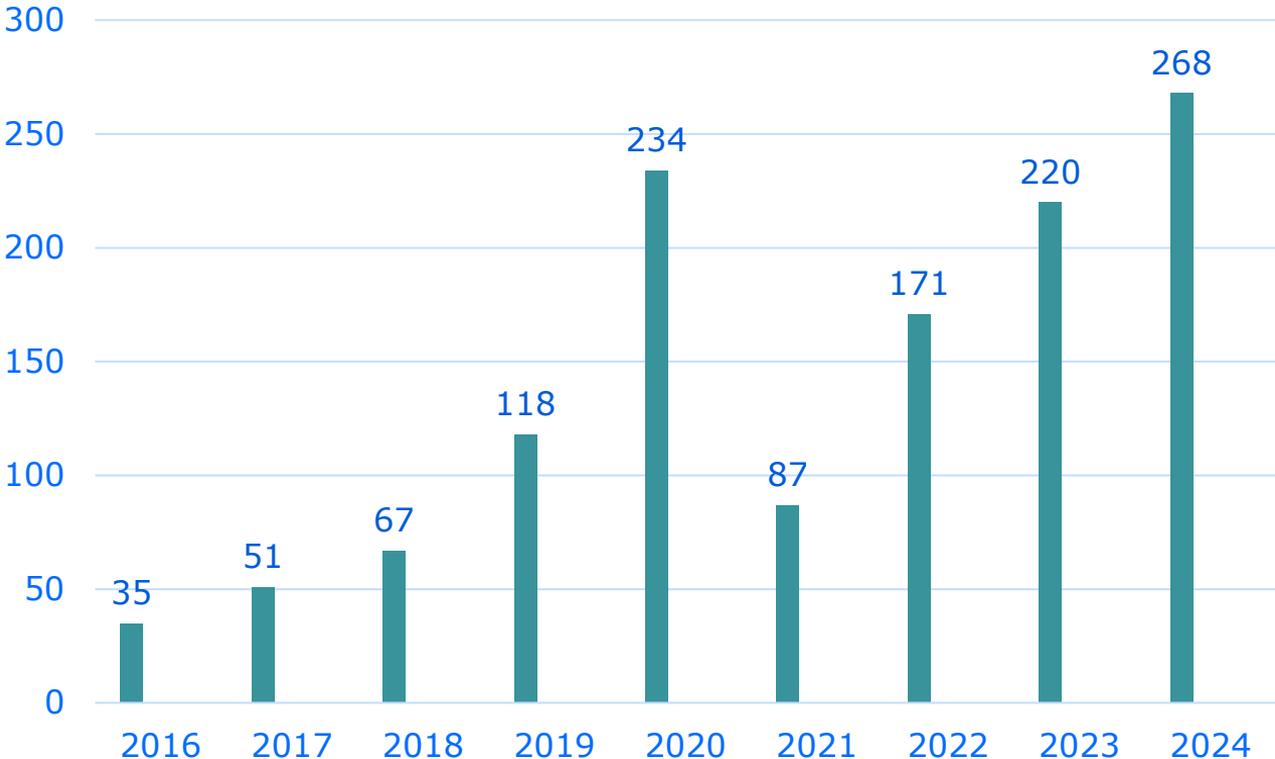
Core Objectives

- Complete a **quick** and **targeted** psychiatric exam or substance use screening
- Focus on how to treat **common psychiatric conditions or substance use** and pain-related disorders
- Learn **when to refer** to a behavioral health specialist and how best to interface with mental health colleagues
- Learn how to train other providers - **"TNT"**
- Over 60 contact hours with faculty and **50 CME credits** per learner
- Published outcomes
 - ✓ Improved self-efficacy
 - ✓ Change in knowledge
 - ✓ Enhanced confidence in psychiatric interviewing/ teaching psychiatric topics/ managing common psychiatric conditions

Program Synopsis

- Year-long clinical education programs
- Two online live lectures per month
- Two weekend in-person conferences – 4 days total
- At least one hour per month of mentorship
- Open office hours mentorship sessions
- Certificate from School of Medicine
- **TNT Faculty multi-trained/practice in primary care *and* psychiatry or addiction medicine**
- ***Career-long learning for all TNT Alumni***

TNT PCP Fellows 2016-2024



TNT PCP Topics Covered

- AMPS primary care psychiatric interview
- Mental status examination
- **Child and Adolescent Psychiatry**
- **Cultural psychiatry**
- Mood and anxiety disorders
- Trauma-related disorders
- **Substance use disorders**
- Psychotic disorders
- Somatic symptoms disorders
- **Pain psychiatry**
- Neurocognitive disorders
- Personality disorders
- Suicide risk assessment
- Cognitive behavioral therapy
- Supportive psychotherapy
- Motivational interviewing
- Fundamentals of psychopharmacology
- Collaborative care
- **Provider Wellness & Integrative Health**

TNT CAP Topics Covered

- Child and adolescent psychiatric interview
- Overview of **family-focused care**
- Pediatric mood disorders
- Pediatric anxiety disorders
- Behavioral issues, learning disorders, and **school performance**
- **Sexual orientation and gender identity** in the primary care setting
- **Substance use disorders (SUD)**
- Eating disorder
- **Adolescent behavioral health**
- ADHD
- **Self-harm and risk assessment**
- Screen time and social media
- Autism spectrum disorders
- Primary care **ACES assessment**
- Motivational interviewing
- **Cultural humility and diversity**

TNT PC-TEAM Topics Covered

- Addiction medicine **health disparities**
- Medication for Opioid Use Disorder (MOUD)
- Chronic pain management and **opioid prescribing**
- Assessment, diagnosis, and treatment of:
 - Nicotine Use Disorder**
 - Sedative/Hypnotic Use Disorder**
 - Alcohol Use Disorder**
 - Stimulant Use Disorder**
 - Cannabis Use Disorder**
- Motivational interviewing
- Common pain disorders and treatment considerations
- Addiction and other mental health issues among healthcare workers**
- Special populations:
 - Adolescents and Children**
 - Older Adults
 - Pregnancy
 - Individuals with Legal Involvement

Department of Health Care Access and Information (HCAI) Scholarship

Minimum Requirements:

- Be currently employed or have accepted employment as a PCP (MD, DO, NP, PA) in the following specialties: family medicine, internal medicine, OB/GYN, or pediatrics.
- Work at a qualifying practice site in a FQHC/lookalike, Health Professional Shortage Area – Primary Care (HPSA-PC) or Primary Care Shortage Area (PCSA) in California
- Work at a practice site with at least 50% of patients from a medically underserved population
- Currently, serve or plan on serving children and youth 25 years of age or younger

Thank You...



medschool.uci.edu/tnt

